What Sits Behind Each “Not Yet”

Copy names from the “Becoming Willing” and “Not Yet” tiers of your ledger. Curiosity, not shame.

Name from My Ledger *Becoming Willing or Not Yet.*	What Blocks My Willingness? *Check or note.*	Boundary or Safety Note *If safety requires distance, indirect amends, or clear personal limits.*	One Gentle Step *E.g., 14 days of wishing goodwill, praying for willingness, or talking with my guide.*
Entry 01:	☐ Fear of reaction ☐ Pride / Shame ☐ Lingering resentment ☐ Financial overwhelm Other:		
Entry 02:	☐ Fear of reaction ☐ Pride / Shame ☐ Lingering resentment ☐ Financial overwhelm Other:		
Entry 03:	☐ Fear of reaction ☐ Pride / Shame ☐ Lingering resentment ☐ Financial overwhelm Other:		
Entry 04:	☐ Fear of reaction ☐ Pride / Shame ☐ Lingering resentment ☐ Financial overwhelm Other:		

What Sits Behind Each "Not Yet" (continued)

Copy names from the "Becoming Willing" and "Not Yet" tiers of your ledger. Curiosity, not shame.

Name from My Ledger *Becoming Willing or Not Yet.*	What Blocks My Willingness? *Check or note.*	Boundary or Safety Note *If safety requires distance, indirect amends, or clear personal limits.*	One Gentle Step *E.g., 14 days of wishing goodwill, praying for willingness, or talking with my guide.*
Entry 05:	☐ Fear of reaction ☐ Pride / Shame ☐ Lingering resentment ☐ Financial overwhelm Other:		
Entry 06:	☐ Fear of reaction ☐ Pride / Shame ☐ Lingering resentment ☐ Financial overwhelm Other:		
Entry 07:	☐ Fear of reaction ☐ Pride / Shame ☐ Lingering resentment ☐ Financial overwhelm Other:		
Entry 08:	☐ Fear of reaction ☐ Pride / Shame ☐ Lingering resentment ☐ Financial overwhelm Other:		

What Sits Behind Each "Not Yet" (continued)

Copy names from the "Becoming Willing" and "Not Yet" tiers of your ledger. Curiosity, not shame.

Name from My Ledger *Becoming Willing or Not Yet.*	What Blocks My Willingness? *Check or note.*	Boundary or Safety Note *If safety requires distance, indirect amends, or clear personal limits.*	One Gentle Step *E.g., 14 days of wishing goodwill, praying for willingness, or talking with my guide.*
Entry 09:	☐ Fear of reaction ☐ Pride / Shame ☐ Lingering resentment ☐ Financial overwhelm Other:		
Entry 10:	☐ Fear of reaction ☐ Pride / Shame ☐ Lingering resentment ☐ Financial overwhelm Other:		
Entry 11:	☐ Fear of reaction ☐ Pride / Shame ☐ Lingering resentment ☐ Financial overwhelm Other:		
Entry 12:	☐ Fear of reaction ☐ Pride / Shame ☐ Lingering resentment ☐ Financial overwhelm Other:		