Choosing the Wisest Repair Path

Decide each name's path together with your guide, protecting everyone from unnecessary harm.

1. Direct Amends (Safe & Appropriate)

Face-to-face, phone, or honest letter when contact heals without harming.

Names assigned with my guide:

2. Financial / Restitution Plan

A steady, realistic repayment schedule.

Names assigned with my guide:

3. Indirect / Living Amends Only

Deceased, unreachable, or where direct contact would cause fresh injury.

Names assigned with my guide:

Step Eight Completion & Safety Check

Check each box only when it is honestly true.

Before I leave Step Eight

- ☐ Reviewed my full list with my guide
- ☐ Checked every name for potential injury to others before acting
- ☐ Included myself with compassion
- ☐ Released demands for a specific outcome

Date Reviewed: _____

Signature: _____

Notes